



*Instituto Internacional de Reflexología*

*Lone Sorensen*

## The International Institute of Foot and FACE Reflexology

Is a 30 years institution in teaching Reflexology therapies, Temprana Therapy laser-therapy and anatomy.

Lone Sorensen established the first three Foot and Face Reflexology schools in Argentina and a school in Copenhagen, Denmark.

Lone Sorensen is a therapist educated in reflexology, acupuncture, kinesiology and neurology working in Denmark since 1978, then in France, Chile, Germany, Argentina and Cuba. She lived 10 years of experience in Denmark, 13 years in Argentina and 7 years in Spain.

Over the course of 30 years in reflexotherapies, Lone Sorensen has developed Facial Reflexology, Praxis Vertebralis and Temprana Therapy, a methodology combining therapies, with oriental medicine, acupuncture, the primitive techniques of aborigines, zonotherapy and neuroanatomy.

This same therapeutic method and the coordination of foot, face and hand reflexotherapy is the basis of the concept of Temprana Stimulation, which is in a rehabilitation therapy for children with brain damage, syndromes, mental and learning problems.

Her methods and concepts were approved in the center "Kurhuset" for patients with brain damage in year 2000 in Denmark.

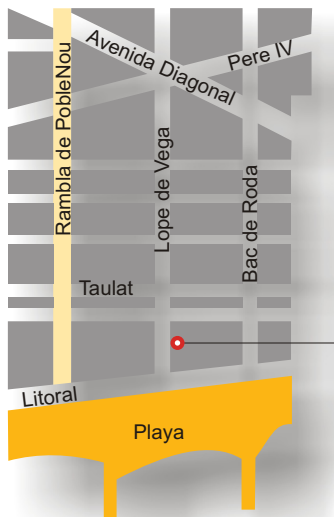
She received three Nobilitary titles from the O.M.H.S. (Humanitary World Organization Pro-Health in Argentina) in March 2001 for her works with reflexotherapy in Argentina.

At the present time, Lone Sorensen, teaches her techniques in Schools in **Spain, Denmark, Sweden, Finland, England, Poland, Czech Republic, Holland, Abu Dhabi, Japan, Australia, New Zealand, USA, Canada, Argentina and Mexico.**



Lone Sorensen

## • Activities



Instituto de Reflexología  
C/ Lope de vega N°6

Head office in Barcelona



Courses for parents.



Advanced courses in  
**Schools in Spain, Denmark, Sweden, Finland,  
England, Poland, Czech republic, Holland,  
Adu Dhabi, Japan, Australia, New Zealand,  
USA, Canada, Argentina and Mexico.**



Courses for students in the  
University in Madrid, area of  
Rehabilitation and Physics, Spain.

# C.V.

- **Lone Sorensen**



## Basic Education:

Foot Reflexology Techniques- Copenhagen 1978 to 1981

Advanced education: Assistant in Foot Reflexology

Body Reflexology, Acupuncture, Copenhagen 1982

Kinesiology, Copenhagen, 1987

Electro stimulation (TNS), Therapeutic Laser, Copenhagen 1985

Bach Flowers, Copenhagen, 1985

Anatomy, Physiology, Pathology. Public University of Copenhagen, 1985

Kinesiology and education, Copenhagen, 1987

Lymphatic drainage, Bahia Blanca, Argentina, 1988

Acupuncture, Cuba, 1990

Ryhoden diagnose method, Cuba, 1991

Praxis Vertebralis, Argentina 1991

## Institutes:

Reflexology school and clinic, Copenhagen, Denmark 1978-88

Institute of Professional Foot Reflexology in Bahia Blanca, Argentina, 1988- 2000 and in Buenos Aires and Mar del Plata.

Facial and Temprana Therapy school and clinic, Copenhagen 2000-2002

International Institute of Facial Facial reflexology and Temprana Therapy, Barcelona, Madrid, Murcia, Valencia, Spain. 2002 - 2009

**Schools in Spain, Denmark, Sweden, Finland, England, Poland, Czech republic, Holland, Adu Dhabi, Japan, Australia, New Zealand, USA, Canada, Argentina and Mexico.**

## Advanced Courses:

Incontinence, Rheumatic Pathologies. Post natal, Denmark 1987

Sports therapy Treatments for children 0-1 years old, Denmark, Copenhagen, 1999

Denmark 1997: Soft Laser stimulation in reflexology

Denmark 1999: Chromo/Reflexotherapy

Denmark 1999: Complementary treatment on diet/reflexotherapy in patients with cancer

Denmark 1999: Cell Com stimulation, a new acupuncture system.

Denmark 1999: Mental Diseases and reflexology.

Denmark 1999: Reflexotherapy as a complementary aid for addicts.

## **Argentina 2000: 3 nobiliary prizes from O.H.M.S. Humanitary World Health Organization) for research work.**

### Projects:

Reflex-therapy project for children with Down syndrome organiser. Bahia Blanca, Argentina. 1994

Spina Bifida reflexotherapy project organiser. Temprana for Spina Bifida, Bahia Blanca, Argentina, 1995.

Dementia project organiser, Mar del Plata, Argentina, 1996.

Founder of the 1st Reflexology Association in Argentina, 1991

### **Participation in Lectures and Conventions (National and International)**

Copenhagen, La Plata, Buenos Aires, Dorrego, Mar del Plata, Rosario, Mendoza, Río Negro, London, Panama, Stockholm, Gothenburg, Barcelona, Madrid, Málaga, Rome, Honolulu, Hawaii, Italy, Canada, Spain, New Zealand.

Pain and Cancer Convention (Medical Organization and Association) Sierra de la Ventana, Argentina-1994

Speaker in International Convention of Oriental Medicine, Chile, 1996.

Member of the I.C.R Association (International Council of Reflexologists)

-1998 Speaker in the TV channel Canal de la mujer, Argentina during one year.

1999, Speaker in conference in Eco Bio Cultura, Buenos Aires, Argentina. in the Latin American

Speaker in convention of Temprana Stimulation, Cordoba, Argentina, October 1998, Dr. Pinel Foundation

Speaker in the Latin American Convention of Natural Therapies, May 1999 on reflexotherapy , new ideas for Temprana stimulation.

Speaker in the International Temprana Convention, Panama, September 1999. Dr Pinel Foundation.

Subject: Reflexotherapy and Zone therapy in rehabilitation of children.

Speaker in the International Convention for Temprana Therapy, Buenos Aires, Argentina, October 1999.

Dr, Pinel Foundation. Subject Reflexotherapy/ Temprana Stimulation.

Participant in the International I.C.R. Convention of Reflexology, Hawaii, Honolulu, September 1999.

Denmark 2000: Part of a projects dedicated to treat patients with brain damage with Temprana THERAPY, Center of Rehabilitation, 1 ½ years.

Denmark 1999-02. PROJECT Teaching courses to parents on how to treat their brain damaged children intensively with Temprana Therapy, in their own homes.

#### Others:

Denmark 1997-02 Working in 5 reflexology schools teaching advanced courses in facial/foot reflexology and Temprana Therapy.

Organiser of INTERNATIONAL courses AND CONFERENCES.

T.V. Participation in Dr. Cormillot´s program, Buenos Aires

President of the Argentinean Reflexology Association.

Member of the Internacional Council of Reflexologists (ICR)

1998 Participant in tv. The woman´s channel, Argentina

2000 Participant in a radio program in Denmark about TEMPRANA THERAPY for brain damage

Spain 2002-3 : Teaching Facial Reflexology, level 1,2,3, in the Universidad Complutense in Madrid, Faculty of Medicine.

Sweden 2001-2 Teaching Facial Reflexology levels 1,2,3, in the Vacuflex Institute in Stockholm

Organiser of the Barcelona 2003 Convention, Complementary Therapies.

Organiser of the "Da Vinci Project, program of education for the European community for the development of teachers in Temprana Therapy 2000-2001

Denmark 2000: Participant in the European Reflexology Convention, Odense, as lecturer.

Italy 2002: Speaker about Facial Reflexology in the Italian conference of Reflexology.

London, 2003: Speaker about Facial Reflexology in the AOR Conference of Reflexology.

Spain, Barcelona 2004: Presentation of Temprana Therapy in the Ramon LLull University in Barcelona.

Brazil, Rio d J. 2004: Speaker about Facial reflexology in Conference.

Buenos Aires, 2005: Speaker about Facial reflexology in Conference.

London, 2005: Speaker about Praxis Vertebralis in the AOR Conference of Reflexology.

Stockholm, 2005: Speaker about Facial Reflexology in the Conference of Reflexology

Spain. Barcelona 2007: Organiser of the Barcelona 2003 Convention, Complementary Therapies.

2008: Speaker about Facial Reflexology and Praxis vertebralis in New Zealand National Reflexology network .

2008: Speaker about Facial Reflexology in the Canadian Conference of Reflexology.

#### Next Projects:

##### **IQ investigations.**

Dr and specialist in children, Barbara Gurdziel, Poland and the International Institute of Facial Reflexology; investigation about development of IQ using Facial Reflexology as tool.

##### **National Reflexology Conference in USA**

**Keyspeaker, Lone Sorensen. Facial Reflexology and Praxis Vertebralis**

**The RAA conference will be May 14, 15, & 16, 2010 at the Inverness Hotel in Denver, Colorado.**

##### **Books**

Reflexología Facial I, Edaf Editorial, Madrid, Spain

Ansigtzoneterapy I, sorensensistem, Denmark

Ansiktzoneterapi I, sorensensistem, Sweden

Rifflessologia Faciale I, Italy

Facial Reflexology I, English

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[www.globalfacial.com](http://www.globalfacial.com)*